

# Cultural Values Newsletter

Featuring:

# Respect

re·spect ♦ /rə'spekt/

*defined as:*

A feeling of deep admiration for someone or something elicited by their abilities, qualities, or achievements.

*OR*

Due regard for the feelings, wishes, rights, or traditions of others.

*Fletcher's Definition  
of Respect*

*Looks Like:*

- Listen to learn, not just respond.
- Treat people equally.
- Be kind even if you have differing views.
- Open door policy.
- Doesn't look down on people - no high horse.
- Willing to meet people where they are - accommodating to their perspective.
- Understanding.
- Not on a power trip



*Feels Like:*

- Supported
- Unassuming
- Heard
- Open
- Appreciated
- Confident

*Sounds Like:*

- Manners. Say "thank you."
- Apologize when wrong
- Allow different points of view  
"We can agree to disagree." I respect your point of view.
- Positive: you really made a difference
- Compliments: you did a great job
- Pleasantries: good morning, how are you?

**"Respect for ourselves guides our morals; respect for others guides our manners." Laurence Sterne**



*Brought to you by the Cultural Values Taskforce*